

Olmsted Falls High School Volleyball Grades 1-6 Skill Specific Mini-Clinics (August 1-3 @ OFHS)

11:00am-12:15pm

Cost: \$40 (t-shirt included, a \$5 late fee will be added for registration after May 1)

If you have your own ball, please bring it. If not, one will be provided for you

Wednesday, August 1 (Ball Control and Defense) This session will cover ball control and defensive skill training such as: proper body position, movement, footwork, midline passing, platform angles, and court communication.

Thursday, August 2 (Serving/Serve Receive) This session will aim to improve the serving technique, consistency, and accuracy of each individual, depending on his/her personal skill level. A float serve and/or jump float may be taught to more advanced players.

Friday, August 3 (Hitting) This clinic will cover individual skill training such as: approach, arm swing, and snap. We will focus on efficiency of movement, proper timing, and placement of the ball.

Register Online @ www.olmstedcc.com Mail or drop off registrations to: Olmsted Community Center 8170 Mapleway Drive, Olmsted Falls, OH 44138. Make checks payable to: OLMSTED COMMUNITY CENTER

Child's Name:				Grade (Fall '18)			
Parent(s) Name:		(First)		(Last)			
Parent(s) Email:							
Child's Address:					DOB:		
Offilia 9 Address.	(Street)	(City)	(Zip C			
Phone (Home):			(Cell):				
Emergency Contact							
		(First)	(Last)	(Phone)			
Child's T-shirt Size:	Youth M	Youth L	Adult S	Adult M	Adult L	Adult XL	
			<u>Waiver</u>				
from, or during competiti judgment in an emergenc in the camp. We have emergency medical treat of promotion, illustration	ion in the Olmsted ly situation requiring no knowledge of a ment. OFVB is also n and web content	Falls Summer Camp. I medical attention and my physical impairment on tresponsible for a Facebook/Twitter). B	ectors and school system fr We also authorize the staff d waive Olmsted Falls Scho nit that would be affected by ny lost or stolen items. OFF y completing this form you a nild(ren) to be used in this of	f of the Olmsted Falls Su pols from any and all liabi participation in this tourr HS Volleyball may captur agree that OFHS Volleyb	mmer Camp to act acc lity for an injury incurre nament. We further co e photographs and use all may use image(s) c	ording to their best ed while participating nsent authorizing them for purposes of these registered	
Parent/Guardian Signature				Date			